



HOLIDAY HEALTH FAIR

12pm—6pm Tuesday December 9th

**Bear Cave Café at
Beartooth Billings Clinic**

**Gather and engage during the season with all Beartooth
has to offer our community year-round.**

- Clinic will be providing Vital Signs Check: blood pressure, pulse, O2 saturation, temperature & weight, adult flu & COVID shots
- Visit with one of our 10 providers
- Have your Nutrition and Weight Management assessed
- Learn from professionals how to prepare for First aid and Trauma situations
- Get answers to questions on Home Care, Inpatient, and Hospice
- Onsite Behavioral Health Team can test your anxiety & stress levels
- Find out about our enhanced Infusion and Surgical Services
- Discover Outpatient and Outreach health & wellness opportunities
- Explore our Rehab & Therapy resources available in Red Lodge & Joliet

and so much more!

Healthy Recipes Delicious, nutritious ideas for the season

Give-Aways Fun and practical items to brighten your holidays

Prizes & Raffles Enter to win festive surprises!

Useful Take-Aways Tips and tools for better health



Beartooth Billings Clinic

**Northeast Entrance | 2525 N Broadway | Red Lodge
406.446.2345 | BeartoothBillingsClinic.org**